

# Minimalist Spring Refresh Checklist

*Less stress. More space.*

## CLEAR SURFACES

*Clear space outside creates clear space inside.*

- Remove 3 items that don't belong
- Wipe one main surface completely clean
- Leave one area intentionally empty

## PAPER RESET

*Small order brings quiet confidence.*

- Throw away outdated papers
- Sort important documents into one folder
- Empty one drawer completely

## WARDROBE EDIT

*When your closet feels lighter, you do too.*

- Remove 5 pieces you never wear
- Keep only what fits and feels good
- Choose one calm color palette

## SIMPLIFY STORAGE

*Simplicity saves time. And energy.*

- Let go of duplicate items
- Keep daily essentials visible, store the rest
- Organize one shelf fully

## CREATE CALM

*A calm home supports a calm mind.*

- Open windows and let fresh air in
- Add one natural element, plant, wood, linen
- Light a candle or diffuse a soft scent



*That's it. No deep clean. No perfect home. Just a reset you can actually finish.*